

**PHYSICAL AND HEALTH EDUCATION MAJOR
COURSE SEQUENCE SUMMARY**

	Credit	Semester	Prerequisites
GEMS 158 Human Bio. In Health and Disease	3	S	
GEMS 158L Human Bio. In Health and Disease Lab	3	S	
KIN 155 Lifeguarding	2	S	
KIN 160 Teaching of Rhythm & Movement	2	F (even years)	
KIN 200 Human Anatomy	3	F/S	
KIN 200L Human Anatomy Lab	1	F/S	
KIN 204 Exercise Prescription			
KIN 204L Exercise Prescription Lab			